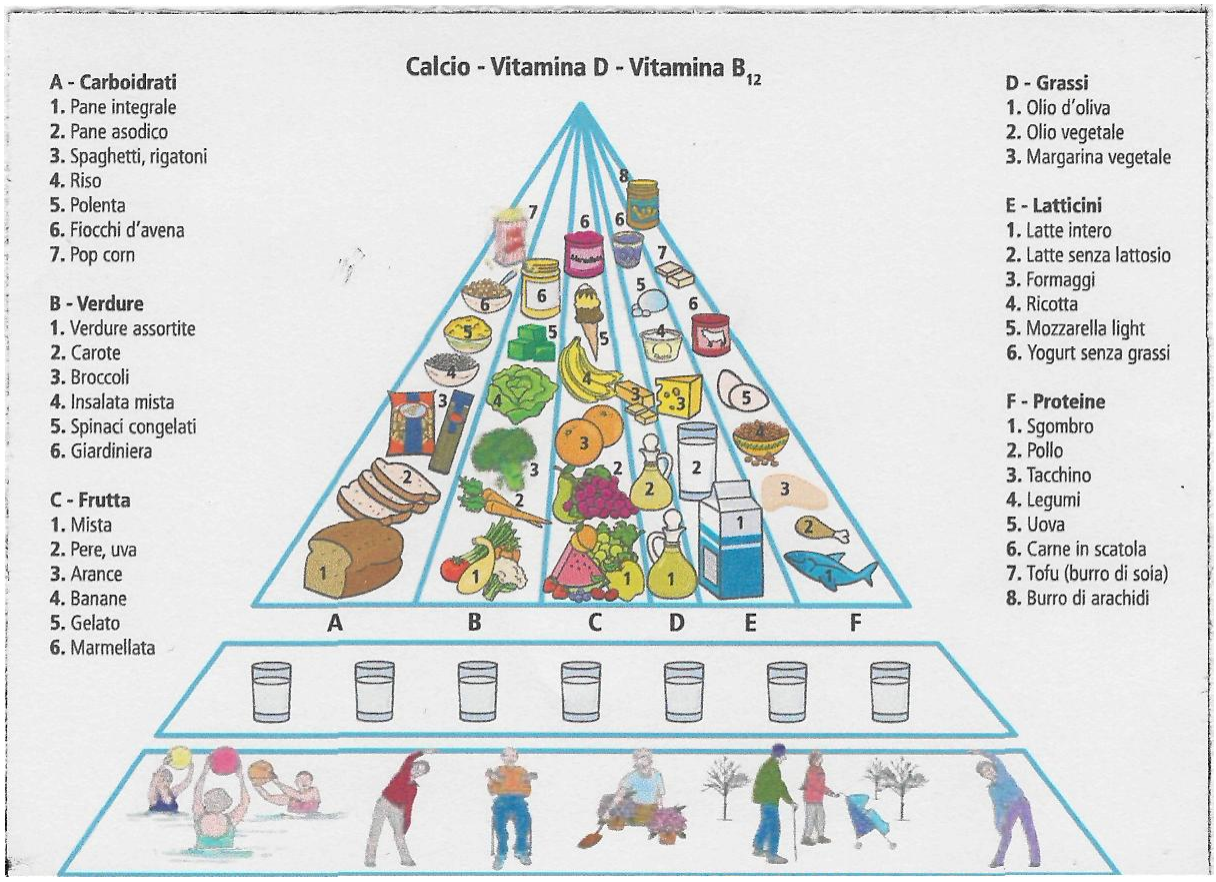# Piramide alimentare per l'anziano